

Nutritional Guidelines : Pasta Dish

Calories: between 200-400

Fat: 10 grams or less

Saturated Fat: 3 grams or less

Sodium: 300 mg or less

Dietary Fiber: 2 gram or more

**Menu item may not contain raw fish or shellfish or undercooked meats. Sauces or dressings may not contain raw eggs or egg whites. No ALCOHOL such as cooking wine, brandy, etc.

** Must process well for spaceflight and for use in microgravity. (Please note: Bread products do not work well for food processing)